

A Report on All India Inter University Powerlifting Championship (Men & Women) 2023-2024

Organized By

Tamil Nadu Physical Education and Sports University

Melakottaiyur, Chennai- 600 127



Organizing Secretary

Dr. Rajesh Kumar

Sports Secretary

Tamil Nadu Physical Education and Sports University

Melakottaiyur, Chennai- 600 127

May-2024

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INTRODUCTION

The All India Inter University Powerlifting Championship for the year 2023-2024 was a landmark event in the university sports calendar, hosted by Tamil Nadu Physical Education and Sports University, Chennai. The championship, which took place from May 20 to May 25, 2024, featured the participation of 378 women's teams and 509 men's teams from various universities across India.

Organized under the proficient guidance of Dr. K. Rajesh Kumar, the Sports Secretary and Organizing Secretary, the event aimed to highlight and promote the sport of Powerlifting while fostering a spirit of camaraderie and sportsmanship among university athletes. The competition provided an excellent platform for young sports enthusiasts to demonstrate their skills, teamwork, and competitive spirit.

The Tamil Nadu Physical Education and Sports University, renowned for its commitment to physical education and sports, ensured that the championship was conducted professionally and efficiently. The event not only celebrated the athletic talents of university students but also emphasized the importance of sports in fostering unity and excellence.

The following report provides a detailed account of the championship, including the preparation, execution, and outcomes of the event, as well as the performances of the participating teams.

PREPARATION

Extensive preparations were undertaken to ensure the smooth execution of the championship. The organizing committee, led by Dr. K. Rajesh Kumar, coordinated with various universities to confirm participation and manage logistics. Facilities at Tamil Nadu Physical Education and Sports University were upgraded to meet the standards required for an event of this magnitude, including the installation of new powerlifting equipment and ensuring the availability of medical and safety personnel.

EXECUTION

The championship commenced with an opening ceremony on May 20, 2024, attended by dignitaries, university officials, and participating teams. The event was marked by speeches emphasizing the significance of sports in education and the values of hard work and perseverance.

Over the next six days, participants competed in various powerlifting categories, showcasing their strength and determination. The event was organized efficiently, with matches scheduled to ensure maximum participation and minimal delays. The technical staff ensured that all competitions were conducted according to the official powerlifting rules and regulations.

POWERLIFTING

Powerlifting is a strength sport that consists of three attempts at maximal weight on three lifts: squat, bench press, and deadlift. Unlike Olympic weightlifting, which focuses on the snatch and clean and jerk, powerlifting emphasizes pure strength rather than technique and speed. The sport has its roots in ancient strength competitions but formally evolved in the mid-20th century, gaining popularity first in the United States before spreading globally. The first official powerlifting competitions were held in the 1960s, and the sport has since grown with numerous federations and international competitions.

In powerlifting, athletes compete in three main lifts: the squat, where they lower their body by bending the knees and hips before returning to a standing position; the bench press, where they lie on a bench and press a barbell from their chest to full arm extension; and the deadlift, where they lift a barbell from the ground to hip level while standing straight with shoulders back. Competitions are divided into weight classes and age categories to ensure fair competition, and athletes aim to lift the heaviest weights in each discipline, with their best lift in each contributing to their total score.

The sport is governed by strict rules to ensure fair play and safety, with each lift judged on technique and compliance with regulations. Powerlifters follow rigorous training regimes that include heavy lifting, accessory exercises, and recovery practices, along with attention to nutrition and mental preparation. Beyond competition, powerlifting offers numerous benefits, including improved strength, muscle mass, bone density, mental toughness, discipline, and goal-setting abilities. The sport is accessible to people of all ages and fitness levels, making it a versatile and inclusive activity.

Powerlifting continues to grow in popularity worldwide, as evidenced by events like the All India Inter University Powerlifting Championship. This competition provides a platform for university athletes to demonstrate their strength, skill, and sportsmanship on a national stage, highlighting the sport's appeal and importance.

OBJECTIVES

The All India Inter University Powerlifting Championship 2023-2024 aims to promote powerlifting as a competitive sport by raising awareness and increasing its popularity among university students across India. This event provides a platform to showcase the strength and skills of student-athletes in powerlifting. It advocates for the importance of strength training and physical fitness, highlighting the health benefits and positive impact of regular exercise. The championship seeks to foster sportsmanship and ethical conduct by instilling values of fair play, integrity, and respect among participants, ensuring adherence to ethical standards and anti-doping regulations.

Additionally, the event focuses on identifying and nurturing promising powerlifting athletes who can represent their universities at national and international levels. It provides opportunities for these athletes to be observed by coaches, scouts, and sports associations. The championship promotes gender equality by ensuring equal opportunities and facilities for both men and women participants, celebrating the achievements of female powerlifters.

The event also enhances inter-university collaboration and interaction, facilitating camaraderie and strengthening relationships among student communities from different regions. It offers a platform for students to develop organizational and leadership skills through involvement in event management, coordination, and volunteer activities. By establishing high standards for the championship, it aims to create a legacy of excellence that can inspire future generations of university students to participate and excel in powerlifting.

Furthermore, the championship enhances the visibility of university sports programs, showcasing the commitment of universities to supporting sports and athletic development. It encourages healthy competition among participating universities, fostering rivalries based on mutual respect and admiration for skill and effort. Lastly, the event promotes mental resilience and discipline, highlighting the importance of mental strength, perseverance, and a balanced approach to physical and mental well-being. These comprehensive objectives ensure that the All India Inter University Powerlifting Championship 2023-2024 contributes significantly to the growth and development of powerlifting, the athletes, and the university sports culture in India.

OUTCOME

The All India Inter University Powerlifting Championship 2023-2024 yielded numerous positive outcomes, significantly increasing the popularity and recognition of powerlifting among university students and the broader community, establishing it as a respected and mainstream sport within the university sports circuit. The event facilitated the discovery of exceptional powerlifting talent across participating universities, with several athletes identified for potential inclusion in national and international powerlifting teams. There was an enhanced emphasis on the importance of strength training and physical fitness among students, resulting in a positive impact on the health and fitness levels of participants and their peers. The championship demonstrated high levels of sportsmanship, integrity, and respect among participants, with improved adherence to ethical standards and anti-doping regulations.

Moreover, the event advanced gender equality in sports by ensuring equal participation and recognition of both men and women in powerlifting, enhancing the visibility and celebration of female athletes and their achievements. It strengthened inter-university relationships, fostering stronger bonds and increased collaboration through the shared experience of the championship, and contributed to the development of a supportive and inclusive university sports community. Students gained valuable

experience in event management, coordination, and leadership roles, leading to improved organizational skills among student volunteers, referees, and event coordinators.

High standards set during the championship established a benchmark for future events, and inspirational performances and organizational success contributed to a lasting legacy for university powerlifting. The event also increased the visibility of university sports programs, garnering greater support from stakeholders and the community, and enhanced the reputation of participating universities for their commitment to sports and physical education. Healthy rivalries developed among universities, leading to elevated levels of competition, with participants demonstrating a competitive spirit balanced with mutual respect and camaraderie.

Furthermore, athletes exhibited increased mental resilience, discipline, and perseverance, promoting a balanced approach to physical and mental well-being among student-athletes. These outcomes reflect the comprehensive success of the All India Inter University Powerlifting Championship 2023-2024, contributing to the growth of powerlifting, the development of student-athletes, and the strengthening of the university sports ecosystem in India.

APPROVAL LETTER



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
(Estd. by the Govt. of Tamil Nadu Under Act No.9 of 2005. A State Govt. University)
Accredited with "B" Grade by NAAC

Website : www.tnpesu.org

Email : vc@tnpesu@gmail.com

Phone No :044-27477906

Vandalur-Kelambakkam Road, Melakottaiyur Post, Chennai - 600 127. Tamil Nadu.

Dr.M.Sundar
Vice-Chancellor

Lr.No. /TNPESU/Permission Order/2024, Date: 17.05.2024

To

Dr.K.Rajesh Kumar,
Sports Secretary,
TNPESU, Chennai-127.

Sir,

Sub: TNPESU - Permission - Organize the All India Interuniversity - Power Lifting (Men & Women) Tournament 2023-24 - Orders - Issued - Reg.

This is to inform you that, the permission is given to conduct the All India Interuniversity Power Lifting (Men & Women) Tournament 2023-24 from 20-05-2024 to 25-05-2024 in this University Premises. In this regard, you make necessary arrangement for the smooth conduct of Tournament and furnish the report of the above Tournament along with photo copies to the Director, IQAC for NAAC purpose within 10 days.

Vice-Chancellor

Dr. M. SUNDA
VICE CHANCELLOR
TAMILNADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY
MELAKOTTAIYUR (P), CHENNAI-600 127

Copy to:

1. The Finance Section
2. IQAC Office

CIRCULAR LETTER

4/27/24, 11:37 AM

Gmail - All India Inter University Powerlifting (Men & Women) Revised Schedule - Reg.



The Registrar , TNPESU <regtnpesu@gmail.com>

All India Inter University Powerlifting (Men & Women) Revised Schedule - Reg.

1 message

TNPESU CHENNAI <sportssecretarytnpesu@gmail.com>

Fri, Apr 26, 2024 at 7:19 PM

To: sports <sports@aiu.ac.in>, Dr Sekhon JS <jointsecretarysekhon@gmail.com>, aiusportsaiu <aiusportsaiu@gmail.com>, vice chancellor tnpesu <vcttnpesu@gmail.com>, regtnpesu@gmail.com, Rajeshkumar Kandhasamy <krajeshkumartnpesu@gmail.com>, recaiu sports <recaiusports@gmail.com>

To

Dr. Baljith Singh Sekhon,
Joint Secretary,
AIU, (AIU House)
Comrade Indrajith Gupta Marg, New Delhi – 110012.



26.04.2024

Sports Secy

Respected Sir,

Sub: Tamil Nadu Physical Education and Sports University – Organizing All India Inter University Power Lifting (Men & Women) Tournament 2023-24 – Dates of Tournament – Intimation – Reg.
Ref: Annual Calendar of National Universities Games for the year 2023-24

Greetings from Tamil Nadu Physical Education and Sports University!

I express my sincere gratitude for grating this opportunity to the Tamil Nadu Physical Education and Sports University to Organize the All India Inter University Power Lifting (Men & Women) Tournament 2023-24. The Tournament will be held from 20-05-2024 to 28-05-2024 at Tamil Nadu Physical Education and Sports University, Chennai 127.

S. No	Name of the Tournament	Venue of the Tournament	Last date of Detailed Entries	Team Managers Meeting	Date of Tournament
1	All India Inter University Power Lifting (Men & Women) Tournament 2023-24	Tamil Nadu Physical Education and Sports University, Chennai-127	15-05-2024	19-05-2024 at 4.00 pm	20-05-2024 To 25-05-2024

Thanking You,

Yours Sincerely

(K.RAJESH KUMAR)

With Regards,

Dr.K.RAJESHKUMAR

Feb 04, 2022, 20:33

ORGANISING COMMITTEE
ALL INDIA INTER UNIVERSITY POWERLIFTING
CHAMPIONSHIP 2023 - 24

TRANSPORTATION	
TAMBARAM RAILWAY STATION	
STAFF INCHARGE	VOLUNTEERS
1. Mr. T.Selvakumar - Ph.D Scholar 9345353559	1. Mr. Aswanth – 7904653178 2. Mr. Jhonson – 8825878187 3. Mr. Balakamesh - 8754980250
RECEPTION & REGISTRATION	
REGISTRATION DESK - 1	
STAFF INCHARGE	VOLUNTEERS
1. Dr. K. Gnanasundari – 9443983207	1. Dr.K.Ambedkar – 9943656863 2. Mr. Renuga – 3. Mr. Kalavathi - 8870551341 4. Mr. Arumugam - 733000020
REGISTRATION DESK - 2	
STAFF INCHARGE	VOLUNTEERS
1. Dr. G. Gokila – 95247008736	1. Mr. K.Megaraj – 7667555766 2. Mr. M.Stalin – 995278391 3. Mr. Ajith - 8838658798
ROOM ALLOTMENT (COACHES, MANAGERS & PLAYERS)	
STAFF INCHARGE	VOLUNTEERS

1. Dr. S. Jayakumar – 9444553332 2. Dr. Rengarajan – 9597181081	1. Mr. Kishore - 7092223700 2. Mr. Vetrivel – 7904663797 3. Mr. Arjun – 6282234183 4. Mr. Kanikainathan – 8111060331
SPORTS HOSTEL – Officials & Guest	
STAFF INCHARGE	VOLUNTEERS
1. Mr. Surya – 9791404689	
MEN’S HOSTEL (BED ISSUE COMMITTE)	
STAFF INCHARGE	VOLUNTEERS
1. Karthikeyan - 9159787169	1. Mr. Shyam – 2. Mr. Muthu – 7904619741 3. Mr. Pragadeeshearan -
MESS & FOOD	
STAFF INCHARGE	VOLUNTEERS
1. Dr. V. Duraisami – 9842708648 2. Dr. P. Kumaravel – Assot. Prof. 3. Dr. V. Muruguvalavan – Med. Offc.	
ESTATE SUPERVISION & HOUSE KEEPING	
STAFF INCHARGE	
PA SYSTEM & ELECTRICAL	
STAFF INCHARGE	
1. Dr. V. Muruguvalavan – 9443466208 2. Mr. Manirathanam - 91598766163. Mr. A.Prabudoss– 9943654166 4. Mr. Parthipan – 8608222724	

MEDICAL, FIRST-AID & AMBULANCE**STAFF INCHARGE**

1. Dr. V. Muruguvalavan – Med. Offc.
2. Mr.C.Manoj – Physiotherapist
3. Mr. K.B. Srinivasan – Sports Physio.
4. Mrs. Valli – Staff Nurse
5. Ms. Jeyanthi – Staff Nurse (OS)

EQUIPMENT**STAFF INCHARGE**

1. Mr. Dhayanithy – Ph.D Scholar

VOLUNTEERS

1. NCC Students

CEREMONIAL**STAFF INCHARGE**

Dr.C.Manoj – 9976937156

CERTIFICATES & MEDALS**STAFF INCHARGE**

1. Mrs. G. Tamil Mani
2. Dr. K. Gnanasundari – 9443983207
3. Ms. S.Sonia Sakthi

VOLUNTEERS

1. Mr. Prince Mohamed – Ph.D Scholar

STAGE, BROCHURE & INVITATION**STAFF INCHARGE**

2. Dr. D. Sathiya Kumar
3. Mr. S.Saran Sakthivel - 8667202140
4. Mr. T.Selvakumar - Ph.D Scholar
9345353559

1. Mr. Kumarakuru –
2. Mr. Ajith –

MEDIA, ADVERTISEMENT & PRESS	
STAFF INCHARGE	VOLUNTEERS
1. Dr. N. Ashokkumar – 9444820392 2. Dr. V. Rameshkumar – 9444498649 3. Dr. S. Jayakumar - 9444553332	

1. Dr. S. Jayakumar – 9444553332	
VIP & VVIP HOSPITALITY	
STAFF INCHARGE	
1. Dr. R. Venkatesan Associate Professor – 9942371571 2. Dr. G.Kumaran Associate Professor – 9443494893	
CULTURALS	
STAFF INCHARGE	VOLUNTEERS
1. Dr. V. Duraisami – 9842708648	
MASTER OF CEREMONY	
STAFF INCHARGE	
1. Dr.C.Manoj – 9976937156 2. Ms. S. Soniyasakthi –	
OFFICIAL IN-CHARGE	
STAFF INCHARGE	VOLUNTEERS
1. Dr. G.Kumaran Associate Professor - 9443494893	1. Mr. Varun - 9080164475
REFRESHMENTS	
STAFF INCHARGE	VOLUNTEERS

1. Mr. T.Selvakumar - Ph.D Scholar 9345353559	1. Mr. Deva – 9150739575 2. Mr. Rishi – 9344196433
--	---

WATER & MAINTENANCE

STAFF INCHARGE	VOLUNTEERS
1. Mr.Sandeep - 7904282033	1. Mr. Aguestine – 9344193687 2. Mr. Padaiyappa – 8610764990 3. Mr. Vijayaraj - 9384226693

CORE AND HELP DESK TEAM

STAFF INCHARGE	VOLUNTEERS
-----------------------	-------------------

1. Mr.G.Vignesh JA - 7904895613 2. Mr. S.Saran Sakthivel - 8667202140 3. Ms. S. Soniyasakthi – 4. Mr. T.Selvakumar - Ph.D Scholar 9345353559	1. Mr. Raman -9345631271 2. Mr. Logeshwaran - 6369963789 3. Mr. Anbarasan – 6383522044
---	---

ACCOMMODATION

STAFF IN-CHARGE

SPORTS ACADEMY

(BADMINTON & TABLE - TENNIS)

1.Dr.G.Kumaran - 8248801284

2.Dr. S. Jayakumar – 9444553332 / 9940584940

3. Dr. Rengarajan - 9597181081

4. Mr. Karthikeyan – 9159787169 5.Mr. Sandeep – 7904282033

SPORTS HOSTEL

(Officials & Guest) 1. Mr. Surya – 9791404689

MEN’S HOSTEL

1. Mr. Karthikeyan – 9159787169

2. Dr. P. Adichaippan - 7358277257

MAINTENANCE

ESTATE OFFICER

Dr. V. Muruguvalavan – 9443466208

ENGINEER

Mr. Manirathanam – 9159876616

ELECTRICIAN

Mr.A.Prabhu Doss - 9943654166

Mr. Parthipan – 8608222724

LIST OF PARTICIPATION UNIVERSITIES MEN & WOMEN

S.No	NAME OF THE UNIVERSITY	MEN	WOMEN	RECEIVED DETAILED ENTRY
1	Acharya Nagarjuna University	✓	✓	Received
2	Adikavi Nannaya University	✓	✓	Received
3	Amrita Vishwa Vidyapeetham, Coimbatore	✓	---	Received
4	Andhra University	✓	✓	Received
5	Anna University, Chennai	✓	---	Received
6	Atal Bihari Vajpayee Vishwavidhyala Bilaspur	✓	✓	Received
7	Awadhesh Pratap Singh University	✓	✓	Received
8	Bangalore University	✓	✓	Received
9	Barkatullah University, Bhopal	✓	---	Received
10	Bengaluru City University, Bengaluru	✓	✓	---
11	Bhagat Phool Singh Mahila Vishwavidyalaya, Sonapat, Haryana	---	✓	Received
12	Bhakta Kavi Narsinh Mehta University, Junagadh	✓	✓	Received
13	Bharathiyar University, Coimbatore	✓	✓	Received
14	Bharati Vidyapeeth (Deemed to be University) Pune	✓	✓	Received
15	Bhupal Nobles University, Udaipur	✓	✓	Received
16	Bs Abdur Rahman Crescent Instt. Of Sci. & Tech	✓	✓	---
17	C.S.J.M. University, Kanpur	✓	✓	Received
18	Central University of Himachal Pradesh, Dharma Sala	---	✓	---

19	Central University of Punjab, Bathinda	✓	✓	Received
20	Ch. Bansi Lal University, Bhiwani	---	✓	Received
21	Ch. Charan Singh University, Meerut	✓	✓	Received
22	Chandigarh University, Mohali	✓	✓	Received
23	Chattisgagargh Swami Vivekanand Technical University, Bhilai	✓	✓	Received
24	CT University, Ludhiana	✓	✓	Received
25	Davangere University	✓	✓	Received
26	Deen Dayal Upadhyay Gorakhpur University Gorakhpur	✓	---	Received
27	Desh Bhagat University	✓	---	Received
28	Devi Ahilya University, Indore	✓	✓	Received
29	Dhanalakshmi Srinivasan University, Tiruchirappalli	✓	---	Received
30	Dibrugarh University Dibrugarh	✓	---	Received
31	Dr. B. R. Ambedkar University, Agra	✓	✓	Received
32	Dr. K N Modi University, Newai, Rajasthan	✓	---	Received
33	Dr. MGR Educational research intuition Maduravoyal chennai	---	✓	Received
34	Dr. Rammanohar Lohia Avadh University Sports Council, Ayodhya (U.P.)	✓	✓	Received
35	Dr. YSR University of Health Sciences	✓	✓	Received
36	Dr.Babasaheb Ambedkar Marathwad, Maharashtra	✓	---	Received
37	Dr.Babasaheb Ambedkar Technoogical University	✓	✓	Received
38	Gauhati University	✓	✓	Received
39	GITAM Deemed to be University Visakhapatnam	✓	---	Received
40	GNA University, Phagwara	✓	---	Received
42	Goa University Taleigao	✓	✓	Received
41	Gondwana University, Gadchiroli	✓	✓	---

43	Graphic Era Hill University	---	✓	Received
44	Graphic era university	---	✓	Received
45	Gujarat Technological University, Ahmedabad	✓	✓	---
46	Gujarat university, Navrangpura	✓	✓	Received
47	Guru Jambheshwar University of Science & Technology, Hisar (Haryana)	✓	✓	---
48	Guru Kashi University, Bathinda	✓	---	Received
49	Hemchand Yadav Vishwavidyalaya Durg	---	✓	Received
50	Hemchandracharya North Gujarat University	✓	✓	Received
51	Hindustan Institute of Technology and Science, Chennai	✓	✓	Received
52	ITM University, Gwalior	✓	✓	Received
53	J R N R V University, Udaipur	✓	---	Received
54	J.N.T. University Kakinada,	✓	✓	Received
55	Jai Narain Vyas University, Jodhpur (Raj)	✓	✓	Received
56	Jawaharlal Nehru technological University Gurajada, Vizianagaram	✓	✓	Received
57	Jeppiaar University	✓	---	Received
58	Jiwaji University, Gwalior	✓	✓	Received
59	JNTUH University, Hyderabad	✓	✓	Received
60	K B C North Maharashtra University, Jalgaon	✓	✓	Received
61	Kakatiya University, Warangal	✓	✓	Received
62	Kalasalingam Academy of Research and Education	✓	✓	Received
63	Kannur University	✓	✓	Received
64	Karnatak University, Dharwad	✓	---	Received
65	Karpagam Academy of Higher Education,	✓	---	Received
66	Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon	✓	✓	Received
67	KL University, Guntur	✓	✓	Received

68	KLE Technological University, Hubballi	✓	---	Received
69	Krishna University	✓	✓	Received
70	Kumaun University, Nainital	✓	✓	Received
71	Lamrin Tech Skills University, Punjab	✓	✓	Received
72	LNCT University	---	✓	Received
73	LNIFE, Gwalior	✓	✓	Received
74	Lovely Professional University Punjab	✓	✓	---
75	Lucknow University, Lucknow	✓	✓	Received
76	Maa Shakumbhari University Saharanpur	✓	✓	Received
77	Madurai Kamaraj University	✓	✓	Received
78	Maharaja Ganga Singh University, Bikaner	✓	✓	Received
79	Maharaja Surajmal Brij University, Rajasthan	✓	✓	Received
80	Mahararshi Dayanad Saraswati University, Ajmer	✓	✓	Received
81	Mahathma Phule Krishi Vidyapeeth, Rahuri	✓	---	Received
82	Mahatma Gandhi Kashi Vidyapith, Varanasi	✓	✓	Received
83	Mahtama Gandhi University Kottayam	✓	✓	Received
84	Mangalore University	✓	✓	Received
85	Manonmaniam Sundaranar University	✓	✓	Received
86	MD University, Rothak	✓	✓	Received
87	Mharaja Chhatrasal Bundelkhand University, Chhatarapur, MP	✓	✓	Received
88	MJP Rohilkhand University, Bareilly	✓	✓	Received
89	Mohanlal Sukhadia University, Udaipur.	✓	✓	Received
90	Osmania university	✓	✓	Received
91	PAHER University, Udaipur	✓	✓	Received

92	Parul University ,Vadodara	✓	---	Received
93	Periyar University	✓	✓	Received
94	Pondicherry University	✓	✓	Received
95	Pradhap University	✓	✓	Received
96	Pt. Ravi Shankar Shula University, Raipur	✓	✓	Received
97	Punjabi University, Patiala	✓	--	Received
98	Punyashlok Ahilyadevi Holkar Solapur University, Solapur	---	✓	Received
99	Rabindranath Tagore University, Bhopal (M.P.)	✓	✓	Received
100	Raja Mahendra Pratap Singh State University, Aligarh	✓	✓	Received
101	Rajiv Gandhi University of Health Sciences, Karnataka	✓	---	Received
102	Rajiv Gandhi University of Knowledge and Technologies, AP	✓	---	Received
103	Rani Durgavati Vishwavidyalaya Jabalpur	✓	✓	Received
104	Rashtriya Raksha University, Gujarat	✓	✓	---
105	Reva University	✓	---	Received
106	RK University. Rajkot	✓	✓	Received
107	RTM Nagpur University, Nagpur	✓	✓	Received
108	S.R.T.M. University, Nanded	✓	✓	Received
109	Sage University Bhopal	✓	✓	---
110	Sant Gadge Baba Amravati University, Amravati	✓	✓	Received
111	Satavahana University, Karimnagar	---	✓	Received
112	Saurashtra University, Rajkot	✓	✓	Received
113	Savitribai Phule Pune University, Pune	✓	✓	Received
114	Shivaji University, Maharashtra	✓	---	Received
115	Shri Govind Guru University	✓	✓	Received

116	Shri Khushal Das University Hanumangarh, Rajasthan	✓	✓	Received
117	Somaiya Vidyavihar University	---	✓	Received
118	Sri Guru Granth Shaib World University	---	✓	Received
119	Sri Ramachandra Ins. Of . High. Edu and Research, Chennai	---	✓	Received
120	SRM University, Chennai	✓	---	Received
121	Sunrise University	✓	---	Received
122	Swarnim Gujarat Sports University, Desar, Gujarat	✓	✓	Received
123	University of Calicut	✓	✓	Received
124	University of Kerala	✓	✓	Received
125	University of Kota	✓	✓	Received
126	University of Madras	✓	---	Received
127	University of Mumbai	✓	✓	Received
128	Veer bahadur Singh Purvanchal University	✓	✓	Received
129	Veer Narmad South Gujarat University, Gujarat	✓	✓	Received
130	Vikram University, Ujjain	✓	✓	Received
131	Visvesvaraya Technological University, Belagavi	✓	✓	Received
132	VIT Vellore	✓	---	Received
133	Yenepoya University, Karnataka	✓	✓	Received
134	Yogi Vemana University, Vemanapuram,	✓	✓	Received

ALL INDIA INTER UNIVERSITY POWERLIFTING (MEN & WOMEN) SCHEDULE

DAY – 1 (20.05.2024)		
S.No	Time	Category (Women)
1	07.00 am	Body Weighing for 47 kg Women
2	09.00 am	Class Start for 47 kg Women
3	09.30 am	Body Weighing for 52 kg Women
4	11.30 am	Class Start for 52 kg Women
5	12.00 pm	Body Weighing for 57 kg Women
6	14.00 pm	Class Start for 57 kg Women
DAY – 2 (21.05.2024)		
S.No	Time	Category (Women)
1	07.00 am	Body Weighing for 63 kg Women
2	09.00 am	Class Start for 63kg Women
3	09.30 am	Body Weighing for 69 kg Women
4	11.30 am	Class Start for 69 kg Women
5	12.00 pm	Body Weighing for 76 kg Women
6	02.00 pm	Class Start for 76 kg Women
DAY – 3 (22.05.2024)		
S.No	Time	Category (Women)
1	08.00 am	Body Weighing for 84 kg Women
2	10.00 am	Class Start for 84 kg Women
3	10.30 am	Body Weighing for +84 kg Women
4	12.30 pm	Class Start for +84 kg Women
DAY – 4 (23.05.2024)		
S.No	Time	Category (Men)
1	07.00 am	Body Weighing for 59 kg Men
2	09.00 am	Class Start for 59 kg Men
3	09.30 am	Body Weighing for 66 kg Men
4	11.30 am	Class Start for 66 kg Men
5	12.00 pm	Body Weighing for 74 kg Men
6	02.00 pm	Class Start for 74 kg Men

DAY – 5 (24.05.2024)

S.No	Time	Category (Men)
1	07.00 am	Body Weighing for 83 kg Men
2	09.00 am	Class Start for 83 kg Men
3	09.30 am	Body Weighing for 93 kg Men
4	11.30 am	Class Start for 93 kg Men
5	12.00 pm	Body Weighing for 105 kg Men
6	02.00 pm	Class Start for 105 kg Men

DAY – 6 (25.05.2024)

S.No	Time	Category (Men)
1	08.00 am	Body Weighing for 120 kg Men
2	10.00 am	Class Start for 120 kg Men
3	10.30 am	Body Weighing for +120 kg Men
4	12.30 pm	Class Start for +120 kg Men

MANAGERS MEETING

The organizing secretary of the All India Inter University Powerlifting Championship Dr. K. Rajesh kumar provided a detailed explanation during the managers' meeting. Coaches and managers from various universities participated in this meeting.





INAUGURAL INVITATION (WOMEN)

தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்
TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Chennai - 600127



Under the Auspices of ASSOCIATION OF INDIAN UNIVERSITIES

In Association with **TAMIL NADU POWERLIFTING ASSOCIATION**



All India Inter University Powerlifting Championship 2023-2024 (Men & Women)



Chief Patron

Prof. M. Sundar
Vice - Chancellor
TNPESU



Chief Guest

Hon'ble. E. Raja MLA.,
International Powerlifter
President
Tamil Nadu Powerlifting Association



Special Guest

Dr. V Sangeetha Albin
Pro - Chancellor
AMIT University

Has consented to be the Guest and Inaugurate the Tournament



Organizing Secretary

Dr. K. Rajesh Kumar
Assistant Professor cum
Sports Secretary
TNPESU



C. Sivaramalingam
General Secretary

Tamil Nadu Powerlifting Association



Mr. S. Nagarajan
Deputy President

Tamil Nadu Powerlifting Association



C. Ravikumar
Treasurer

Tamil Nadu Powerlifting Association



Date: 20th to 25th May 2024

Time: 10.00 am

Venue: Table Tennis Indoor, TNPESU.

All are Cordially Invited

PROGRAMME SCHEDULE

தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்

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Chennai - 600127



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In Association with **TAMIL NADU POWERLIFTING ASSOCIATION**



**All India Inter University Powerlifting Championship
2023-2024 (Men & Women)**

INAUGURAL CEREMONY

Date: 20th May 2024 at 10.00am

TIME

PROGRAMME SCHEDULE

9.55am

Arrival of the Dignitaries

10.00am

Tamil Thaa Vazhthu

10.05am

Welcome Address

Dr. K. RAJESH KUMAR

Sports Secretary

TNPESU

10.10am

Honouring the Guest's

10.20am

Presidential Address

Prof. M. SUNDAR

Vice -Chancellor

TNPESU

10.25am

Chief Guest Address

Hon'ble. E.RAJA MLA.,

President

Tamil Nadu Powerlifting Association

10.30am

Special Address

Dr.V SANGEETHA ALBIN

Addl. Registrar

AMET University

10.35am

Declaration of Event

Hon'ble. E.RAJA MLA.,

President

Tamil Nadu Powerlifting Association

10.40am

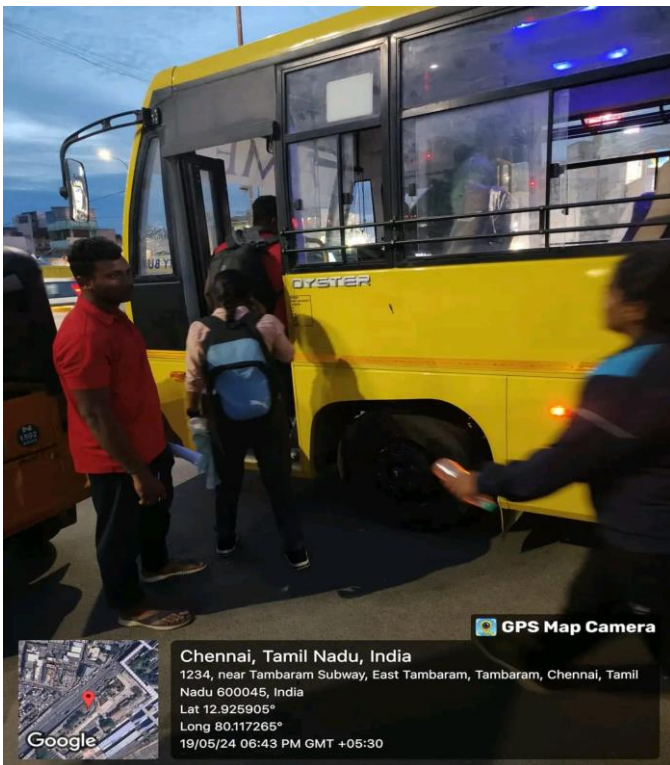
Commencement of Events

FACILITIES DURING THE EVENT

RECEPTION



TRANSPORTATION



MEDICAL FACILITIES



The All India Inter University Powerlifting Championship for Men and Women received essential medical and ambulance support from Bharath Medical College, Tagore Medical College and athiparashakthi medical collge. This vital assistance ensured the safety and well-being of all participants, providing immediate medical attention and care as needed throughout the event. The collaboration with these medical institutions underscored the commitment to maintaining high



standards of health and safety during the championship, allowing athletes to perform at their best with peace of mind.



POWERLIFTING PLAYER WAS TAKING TREATMENT IN THE AMBULANCE



DURING THE EVENT.



MEDICAL TEAM

The medical team, consisting of professionals from various colleges such as

TAGORE MEDICAL COLLEGE



BHARATH MEDICAL COLLEGE



AATHIPARASHAKTHI MEDICAL COLLEGE



FOOT STALL



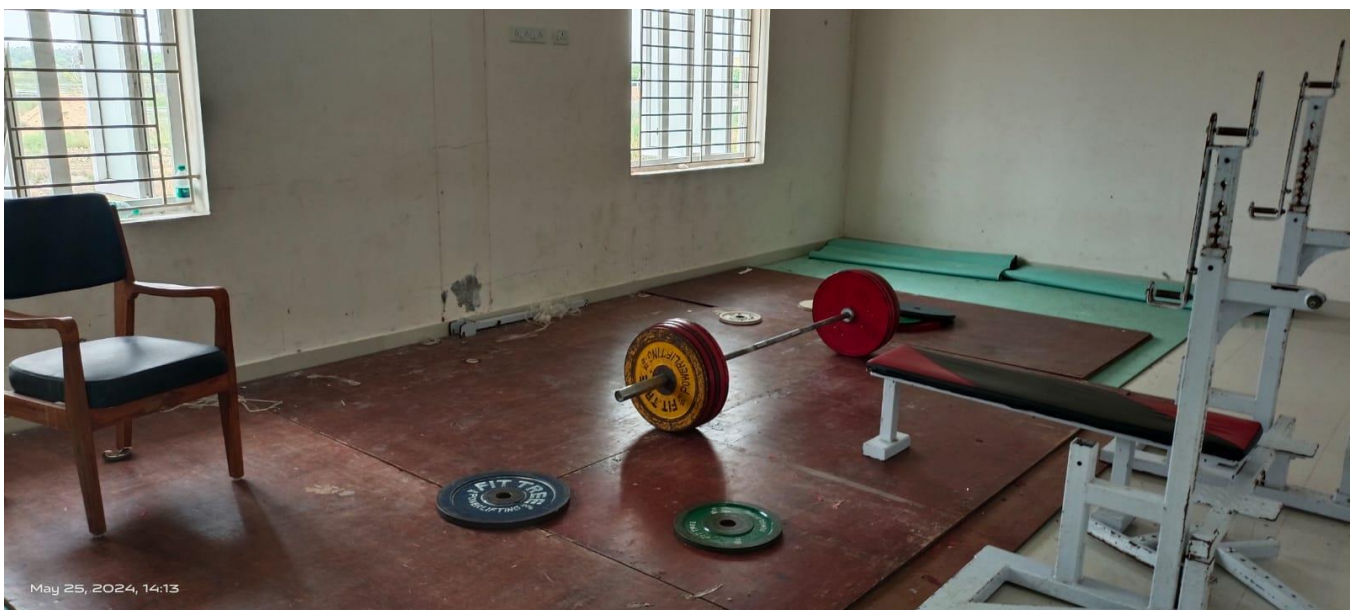
The All India Inter University Powerlifting Championship for Men & Women also included a food stall, providing a variety of nutritious and delicious options for athletes, officials, and spectators. The availability of wholesome meals and snacks ensured that everyone remained energized and well-nourished throughout the event. This thoughtful addition highlighted the organizers' dedication to creating a comfortable and supportive environment, catering to the needs of all participants and attendees.



WORMING UP AREA



The All India Inter University Powerlifting Championship for Women featured two dedicated warm-up areas for the athletes. These well-equipped zones allowed competitors to prepare and stretch before their events, ensuring they were physically ready to perform at their peak. The provision of these warm-up areas demonstrated the organizers' commitment to athlete safety and optimal performance, contributing to the overall success of the championship.



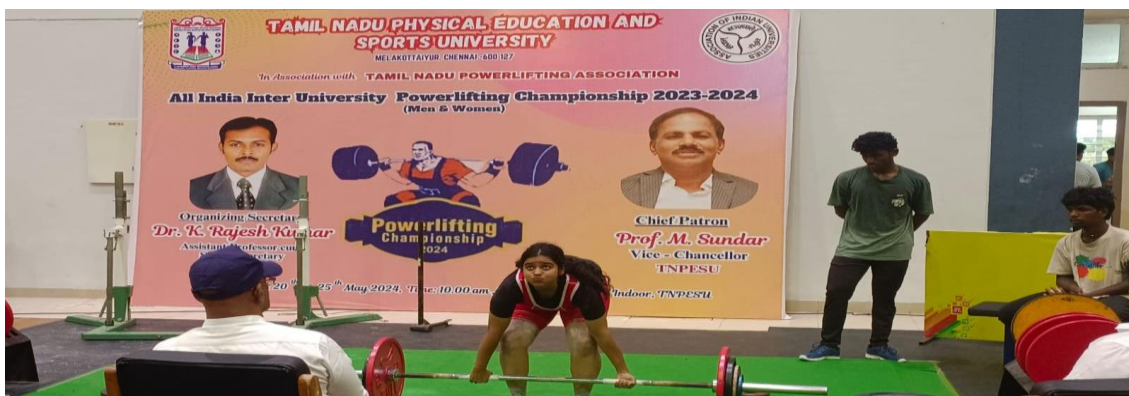
COMPETITION AREA



STAGE - I



STAGE-II



STAGE-II

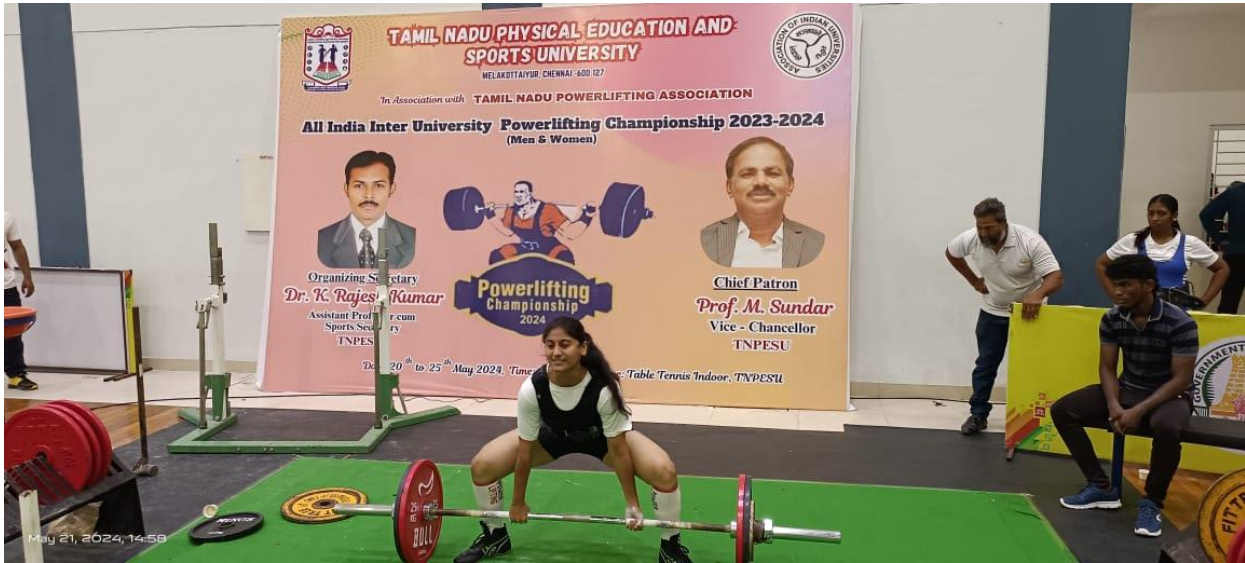
INNAGURATION CERAMONY



The inaugural ceremony of the All India Inter University Powerlifting Championship for Women was a momentous occasion, graced by the presence of several esteemed dignitaries. The event was officially opened by the President of the Tamil Nadu Powerlifting Association, Hon'ble E. Raja, MLA, who served as the Chief Guest. The ceremony also featured an address by an International Powerlifter, adding prestige to the gathering. The organizing secretary, Dr. K. Rajshkumar, played a pivotal role in coordinating the event, ensuring its smooth execution. The Vice Chancellor, Prof. M. Sundar, along with association members, were also in attendance, highlighting the collaborative effort behind this championship. Their collective presence underscored the significance of promoting powerlifting among women at the university level, aiming to inspire and empower female athletes across the nation.







DURING THE COMPETITION



VALEDICTORY INVITATION (WOMEN)



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப்
பல்கலைக்கழகம்



**TAMIL NADU PHYSICAL EDUCATION AND
SPORTS UNIVERSITY**

Chennai - 600127

Under the Auspices of
ASSOCIATION OF INDIAN UNIVERSITIES

In Association with
TAMIL NADU POWERLIFTING ASSOCIATION

**All India Inter University Powerlifting Women
Championship 2023-2024**



Chief Guest

Prof. M. Sundar

Vice - Chancellor

TNPESU

Has consented to be the Chief Guest and
Distribute the Prize



Organizing Secretary

Dr. K. Rajesh Kumar

Assistant Professor cum
Sports Secretary

TNPESU

22nd May 2024

Time: 07.00 pm

Venue: Table Tennis Indoor, TNPESU.

All are Cordially Invited

VALEDICTORY PROGRAMME SCHEDULE



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப்
பல்கலைக்கழகம்



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TAMIL NADU POWERLIFTING ASSOCIATION

All India Inter University Powerlifting Women Championship 2023-2024

VALEDICTORY CEREMONY

Date: 22nd May 2024 at 07.00pm

<u>TIME</u>	<u>PROGRAMME SCHEDULE</u>
6.55pm	Arrival of the Dignitaries
07.00pm	Tamil Thaa Vazhthu
07.05pm	Welcome Address
07.10pm	Honouring the Guest's
07.20pm	<u>Chief Guest Address</u> Prof. M. SUNDAR Vice-Chancellor TNPESU
07.30pm	Prize Distribution
07.45pm	<u>Vote of Thanks</u> Dr. K. RAJESH KUMAR Sports Secretary TNPESU
07.50pm	National Anthem

Thank you



VALEDICTORY CEREMONY



The valedictory ceremony of the All India Inter University Powerlifting Championship for Women was graced by the presence of the Chief Guest, Prof. M. Sundar, Vice Chancellor of Tamil Nadu Physical Education and Sports University. Prof. Sundar's presence underscored the importance of sports and physical education in academic institutions. The ceremony also featured the organizing secretary, Dr. K. Rajshkumar, along with members of the Tamil Nadu Powerlifting Association. Their collaborative efforts and dedication were instrumental in the successful execution of the championship, celebrating the achievements of the talented women powerlifters who participated in the event.





OVERALL RUNNER- BHARATHIAR UNIVERSITY, COIAMBATORE, TAMIL NADU



The All India Inter University Powerlifting Championship for Women concluded with remarkable performances from the participating universities. Lamrin Tech Skills University, Punjab emerged as the winner with a total of 46 points. Bharathiar University, Coimbatore, Tamil Nadu secured the runner-up position with 41 points. Kannur University claimed the second runner-up spot with 37 points, followed by Mahatma Gandhi University, Kottayam, which finished as the third runner-up with 27 points. The competition showcased exceptional talent and dedication from all the athletes, highlighting the growing prominence of powerlifting among women in Indian universities.



OVERALL WINNER - LAMRIN TECH SKILLS UNIVERSITY PUNJAB

MEDALLIST CATEGORY WISE



ALL INDIA INTER UNIVERSITY POWERLIFTING MEN AND WOMEN CHAMPIONSHIP 2023-2024

Organized by

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI 600 127



WOMEN MEDAL WINNERS

CATEGORY: 47										
LOT NO	PLAYER NAME	UNIVERSITY	Body Weight	BEST SQUAT	BEST B.PRESS	Sub Total	BEST DEADLIFT	Total	RANK	POINTS
4	ANEESHA	UNIVERSITY OF CALICUT	46.65	165	95	260	175	435	1	12
26	GITA	LAMRIN TECH SKILLS UNIVERSITY PUNJAB	47	177.5	80	257.5	167.5	425	2	9
30	SONAWANE ASHWINI ARVIND	K B C NORTH MAHARASHTRA UNIVERSITY, JALGAON	47	150	77.5	227.5	150	377.5	3	8
CATEGORY: 52										
LOT NO	PLAYER NAME	UNIVERSITY	Body Weight	BEST SQUAT	BEST B.PRESS	Sub Total	BEST DEADLIFT	Total	RANK	POINTS
7	MOHANAPRIYA V	BHARATHIAR UNIVERSITY, CBE, TN	50.65	180	80	260	170	430	1	12
2	PRATHEEKSHA SAJIKUMAR	UNIVERSITY OF CALICUT	50.75	160	92.5	252.5	172.5	425	2	9
15	SEEMA KUNTAL	LAMRIN TECH SKILLS UNIVERSITY PUNJAB	51.45	170	95	265	160	425	3	8
CATEGORY: 57										
LOT NO	PLAYER NAME	UNIVERSITY	Body Weight	BEST SQUAT	BEST B.PRESS	Sub Total	BEST DEADLIFT	Total	RANK	POINTS
9	MUBEEN	CHANDIGARH UNIVERSITY, MOHALI	55.9	190	115	305	165	470	1	12
2	SHAIK SADIYA ALMAS	KONERU LAKSHMAIASH EDUCATION FOUNDATION	55.95	185	95	280	180	460	2	9
7	PATIL SHUBHANGI SHIVAJI	SWAMI RAMANAND TEERTH MARATHWADA UNIVERSITY, NANDED (MS)	55.5	175	97.5	272.5	172.5	445	3	8
CATEGORY: 63										
LOT NO	PLAYER NAME	UNIVERSITY	Body Weight	BEST SQUAT	BEST B.PRESS	Sub Total	BEST DEADLIFT	Total	RANK	POINTS
2	NANDANA K V	KANNUR UNIVERSITY	62.9	200	100	300	205	505	1	12
15	KOMAL	LAMRIN TECH SKILLS UNIVERSITY PUNJAB	62.15	205	105	310	192.5	502.5	2	9
6	PRIYA KALYANE	BARKATULIAH UNIVERSITY, BHOPAL (M.P)	62.9	195	102.5	297.5	172.5	470	3	8

CATE GORY: 69										
LOT NO	PLAYER NAME	UNIVERSITY	Body Weigh ht	BEST SQUA T	BEST B.PRE SS	Sub Total	BEST DEADLI FT	Total	RANK	POI NTS
18	MADHU	LAMRIN TECH SKILLS UNIVERSITY PUNJAB	67.35	220	117.5	337.5	180	517.5	1	12
13	JASVINDER KAUR	VEER BAHADUR SINGH PURVANCHAL UNIVERSITY,JAUNPUR (U.P)	63.35	205	97.5	302.5	200	502.5	2	9
31	KAJAL	MAHARSHI DAYANAND UNIVERSITY ROHTAK	68.3	202.5	112.5	315	180	495	3	8

CATE GORY: 76										
LOT NO	PLAYER NAME	UNIVERSITY	Body Weigh ht	BEST SQUA T	BEST B.PRE SS	Sub Total	BEST DEADLI FT	Total	RANK	POI NTS
4	ANJALI PR	MAHATMA GANDHI UNIVERSITY,KOTTAYAM	75.25	200	105	305	182.5	487.5	1	12
2	K.ANUSHIYA	PONDICHERRY UNIVERSITY	73.9	200	102.5	302.5	170	472.5	2	9
7	NEHA MISHRA	LAMRIN TECH SKILLS UNIVERSITY PUNJAB	75.4	200	90	290	167.5	457.5	3	8


CATE GORY: 84										
LOT NO	PLAYER NAME	UNIVERSITY	Body Weigh ht	BEST SQUA T	BEST B.PRE SS	Sub Total	BEST DEADLI FT	Total	RANK	POI NTS
3	M.VAISHNAVI	OSMANIA UNIVERSITY	81.2	205	112.5	317.5	175	492.5	1	12
6	BHAVNA	DR.B.AMAEDKAR UNIVERSITY,AGRA	83	210	110	320	130	450	NADA	9
26	AMSAVALIS	BHARATHIAR UNIVERSITY,CBE,TN	84	197.5	77.5	275	170	445	3	8

CATE GORY: 84+KG										
LOT NO	PLAYER NAME	UNIVERSITY	Body Weigh ht	BEST SQUA T	BEST B.PRE SS	Sub Total	BEST DEADLI FT	Total	RANK	POI NTS
19	NISHANTH.P	BHARATHIAR UNIVERSITY,CBE,TN	124.3	267.5	130	397.5	215	612.5	1	12
17	ARSHANA V V	KANNUR UNIVERSITY	120.2	250	142.5	392.5	185	577.5	2	9
12	D.BHAVIKA	HEMCHAND YADAV VISHWAVIDYALAYA, DURG (C.G)	93.1	235	127.5	362.5	180	542.5	3	8

WOMEN TEAM CHAMPIONSHIP

UNIVERSITY	47KG	52KG	57KG	63KG	69KG	76KG	84KG	84+KG	TOTAL	RANK
LAMRIN TECH SKILLS UNIVERSITY PUNJAB	9	8	6	9	12	8	6		46	1
BHARATHIAR UNIVERSITY,CBE,TN		12	7		2		8	12	41	2
KANNUR UNIVERSITY	4	6		12	6			9	37	3

BHAVNA Dr.B.AMAEDKAR UNIVERSITY,AGRA The silver winner in the 84 kg category for women was halted due to a complaint received from NADA (National Anti-Doping Agency).



राष्ट्रीय डोप रोधी एजेंसी
NATIONAL ANTI DOPING AGENCY
अनुपूरक रिपोर्ट फार्म • SUPPLEMENTARY REPORT FORM

एकत्रित नम्बर / ISI NUMBER

परीक्षण क्रम कोड / TESTING UNDER CODE

4144111111

1. द्वारा एकत्रित - COMPLETED BY

डोपिंग नियंत्रण अधिकारी DOPING CONTROL OFFICER	<input checked="" type="checkbox"/>	एथलीट ATHLETE	<input type="checkbox"/>	एथलीट प्रतिनिधि ATHLETE REPRESENTATIVE	<input type="checkbox"/>	अन्य (उल्लेख करें) OTHER (SPECIFY)	
---	-------------------------------------	------------------	--------------------------	---	--------------------------	---------------------------------------	--

2. रिपोर्ट का उद्देश्य - PURPOSE OF REPORT

अनुपालन में एथलीट की विफलता ATHLETE FAILURE TO COMPLY	<input type="checkbox"/>	डोपिंग की घोषणा (डोपिंग नियंत्रण फार्म) DECLARATION OF MEDICATION (DOPING CONTROL FORM)	<input type="checkbox"/>	टिप्पणी (डोपिंग नियंत्रण फार्म) COMMENTS (DOPING CONTROL FORM)	<input type="checkbox"/>	सूचना/सामग्री रिपोर्ट INFORMATION/INTELLIGENCE REPORT	<input type="checkbox"/>
अनुपूरक रिपोर्ट SUPPLEMENTARY REPORT	<input checked="" type="checkbox"/>	अन्य (उल्लेख करें) OTHER (SPECIFY)	DETAILS OF USHERN PLAYER AND REPRESENTATIVE IN ALL UNIVERSITY POWER LIFTING CH-2024 64KIN KARAN PATEL				

3. अनुपूरक रिपोर्ट - SUPPLEMENTARY REPORT

SIA.

84 kg women's Category Silver winner Bhavana caught at Hathayakere. A student of DDM PG College, Fardabad without attending last 12 Deadlifting. She left the view point after the last result was announced and when we went to search for her we come to know that she had already left the location then we announced through the mic but then also she didn't come. Team members and team manager contacted she didn't pick up the phone after that we tried to contact her but failed then we come to know that coach and athlete was out of the game. We called the NADA office all matter informed and alongwith supporting attached are as under -

- 1. Bhavana's other copy alongwith College selection list
- 2. Result sheet copy

MADEMOY KUMAR
0977141113

Dr. K. RAJESH KUMAR., Ph.D.,
Sports Secretary
Tamil Nadu Physical Education and Sports University
Melakottayur (Post), Vandar, Chennai - 600 127, Tamil Nadu

4. प्रक्रिया का अनुपालन - CONFIRMATION OF PROCEDURE

नाम NAME	स्थान SIGNATURE
दिनांक DATE	स्थान SIGNATURE
कॉपी 1: विजयी मुक्त COPY 1-ATHLETE-PINK	कॉपी 2: प्रयोगशाला पील COPY 2-LABORATORY-YELLOW

मूल नमूना-सफेद ORIGINAL NADA-WHITE
 वर्जन 4: 10-2020 वाई/एएन वर्जन 5: 10-2020 वाई/एएन

INAUGURAL INVITATION FOR MEN



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப்
பல்கலைக்கழகம்
**TAMIL NADU PHYSICAL EDUCATION AND
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Chennai-600127



Under the Auspices of **ASSOCIATION OF INDIAN UNIVERSITIES**

In Association with **TAMIL NADU POWERLIFTING ASSOCIATION**

**All India Inter University Powerlifting Men
Championship 2023-2024**



Special Guest

Wilfred Vaz

Professor and Dean

TENIPE



Chief Guest

Prof. M. Sundar

Vice-Chancellor

TNPESU

**Has consented to be the Guest and Inaugurate
the Tournament**



Organizing Secretary

Dr. K. Rajesh Kumar

Assistant Professor cum
Sports Secretary

TNPESU

Date: 23rd May 2024

Time: 03:00 pm

Venue: Table Tennis Indoor, TNPESU.

All are Cordially Invited

PROGRAMME SCHEDULE



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப்
பல்கலைக்கழகம்

**TAMIL NADU PHYSICAL EDUCATION AND
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Under the Auspices of **ASSOCIATION OF INDIAN UNIVERSITIES**

In Association with **TAMIL NADU POWERLIFTING ASSOCIATION**

All India Inter University Powerlifting Men Championship 2023-2024

INAUGURAL CEREMONY

Date: 23rd May 2024 at 03.00pm

TIME	PROGRAMME SCHEDULE
2.55pm	Arrival of the Dignitaries
03.00pm	Tamil Thaaai Vazhthu
03.05pm	Welcome Address Dr. K. RAJESH KUMAR Sports Secretary TNPEUSU
03.10pm	Honouring the Guest's
03.20pm	Presidential Address Prof. M. SUNDAR Vice-Chancellor TNPEUSU
03.25pm	Special Address Wilfred Vaz Professor and Dean ENIPE, Gwalior, Madhya Pradesh.
03.30pm	Declaration of Event Prof. M. SUNDAR Vice-Chancellor TNPEUSU
03.35pm	Commencement of Events

INAUGURAL CEREMONY



The inaugural ceremony of the All India Inter University Powerlifting Championship for Men was a distinguished event, marked by the presence of Special Guest Wilfred Vaz, Professor and Dean of LNIPE. The ceremony was further enriched by the contributions of the organizing secretary and members of the Tamil Nadu Powerlifting Association. Their combined efforts and commitment played a crucial role in setting the stage for a successful and inspiring championship, highlighting the importance of powerlifting and athletic excellence at the university level.







NATIONAL ANTI DOPING AGENCY



During the event, the National Anti-Doping Agency was represented by Mr. Rajesh S., Dope Control Officer from Kerala, Mrs. Savitha S., Dope Control Officer from Kerala, and Mr. M. Balamuneeswaran, Dope Control Officer from Madurai.

During the event, the National Anti-Doping Agency representatives, Mr. Rajesh S. and Mrs. Savitha S. from Kerala, along with Mr. M. Balamuneeswaran from Madurai, explained the anti-doping issues.



VALEDICTORY CEREMONY INVITATION



தமிழ்நாடு உடற்கல்வியியல் மற்றும்
விளையாட்டுப் பல்கலைக்கழகம்
**TAMIL NADU PHYSICAL EDUCATION
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Chennai - 600127



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In Association with TAMIL NADU POWERLIFTING ASSOCIATION

All India Inter University Powerlifting Men
Championship 2023-2024



Chief Guest
Prof. M. Sundar
Vice - Chancellor
TNPEU

Has consented to be the Chief Guest and
Distribute the Prize

Organizing Secretary

Dr. K. Rajesh Kumar

Assistant Professor cum
Sports Secretary
TNPEU



25th May 2024

Time: 12.00 pm

Venue: Table Tennis Indoor, TNPEU.

All are Cordially Invited



VALEDICTORY CEREMONY PROGRAMME SCHEDULE



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம் **TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY**



Chennai - 600127

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In Association with **TAMIL NADU POWERLIFTING ASSOCIATION**

All India Inter University Powerlifting Men Championship 2023-2024

VALEDICTORY CEREMONY

Date: 25th May 2024 at 12.00pm

<u>TIME</u>	<u>PROGRAMME SCHEDULE</u>
11.55am	Arrival of the Dignitaries
12.00pm	Tamil Thaaai Vazhthu
12.05pm	Welcome Address
012.10pm	Honouring the Guest's
012.20pm	<u>Chief Guest Address</u> Prof. M. SUNDAR Vice -Chancellor TNPSU
012.30pm	Prize Distribution
012.45pm	<u>Vote of Thanks</u> Dr. K. RAJESH KUMAR Sports Secretary TNPSU
012.50pm	National Anthem

Thank you



VALEDICTORY CEREMONY FOR MEN



The organizing secretary honored the chief guest, Professor M. Sundar, Vice Chancellor of Tamil Nadu Physical Education and Sports University.

During the All India Inter University Powerlifting Championship for Men, a special moment was dedicated to honoring the AIU Observer, Wilfred Vaz. Serving as the Special Guest, Wilfred Vaz, who is also a Professor and Dean at LNIPE, was recognized for his significant contributions and support to the championship. His presence and expertise added considerable value to the event, emphasizing the importance of academic and athletic excellence in university sports.





OVERALL WINNERS -MAHARSHI DAYANAND UNIVERSITY ROHTAK



OVERALL RUNNER UP- LAMRIN TECH SKILLS UNIVERSITY PUNJAB





Mr. Filferd Vaz Prof and Dean LNPE delivered a speech during the valedictory ceremony, reflecting on the event and its significance.



APPRECIATION

Appreciation certificates were awarded to the medical team, staff, and Ph.D. scholars for their dedicated hard work during the event.



ADHIPARASAKTHI MEDICAL COLLEGE



BHARATH MEDICAL COLLEGE



OFFICE STAF AND PHD SCHOLOR



TAGORE MEDICAL COLLEGE



STAFF FROM AFFILIATED COLLAGES



TNPESU VOLUNTEERS

MODEL CERTIFICA



NATIONAL ANTHEM



Finally, the All India Inter University Powerlifting championship concluded with the National Anthem.





ALL INDIA INTER UNIVERSITY POWERLIFTING MEN AND WOMEN CHAMPIONSHIP 2023-2024

Organizing by

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI 600 127



MEN MEDAL WINNERS

CATEGORY:59 KG										
LOT NO	PLAYER NAME	UNIVERSITY	Body Weight	BEST SQUAT	BEST B.PRESS	Sub Total	BEST DEADLIFT	Total	RANK	
									RANK	POINTS
3	DONE MURALI KRISHNA	YOGI VEMANA UNIVERSITY	58.75	250	130	380	240	620	1	12
2	NAVEEN.S	BHARATHIAR UNIVERSITY,CBE,TN	58.7	235	132.5	367.5	232.5	600	2	9
14	SONAWAN E PAWAN SANJAY	K B C NORTH MAHARASHTRA UNIVERSITY,JALGAON	58.5	225	122.5	347.5	247.5	595	3	8

CATEGORY:66 KG										
LOT NO	PLAYER NAME	UNIVERSITY	Body Weight	BEST SQUAT	BEST B.PRESS	Sub Total	BEST DEADLIFT	Total	RANK	
									RANK	POINTS
2	THORAT VAIBHAV	DR.BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY	65.05	235	177.5	412.5	230	642.5	1	12
1	RAGHAV KUMAR	GNA UNIVERSITY,PHAGWARA	65.95	255	145	400	240	640	2	9
53	KARAN JANGID	PACIFIC UNIVERSITY,UDAIPUR	62.2	240	155	395	235	630	3	8

CATEGORY:74 KG										
LOT NO	PLAYER NAME	UNIVERSITY	Body Weight	BEST SQUAT	BEST B.PRESS	Sub Total	BEST DEADLIFT	Total	RANK	
									RANK	POINTS
16	ROHITH S	UNIVERSITY OF CALICUT	73.25	312.5	162.5	475	250	725	1	12
11	AKSHAYKUMAR PRAJAPATI	UNIVERSITY OF MUMBAI	73.15	290	180	470	242.5	712.5	NADA	9
4	ARYA SINGH	DR.RAMMANOHAR LOHIA AVADH UNIVERSITY,AYODHYA,(U.P)	72.15	285	175	460	250	710	3	8

CATEGORY:83 KG										
LOT NO	PLAYER NAME	UNIVERSITY	Body Weight	BEST SQUAT	BEST B.PRESS	Sub Total	BEST DEADLIFT	Total	RANK	
									RANK	POINTS
50	BHARATH R	ANNA UNIVERSITY,CHENNAI	82.75	290	195	485	282.5	767.5	1	12
1	M.JAYAMARUTHY	VIT,VELLORE	80.8	295	175	470	285	755	2	9
14	ARUN BHARATHI.S	BHARATHIAR UNIVERSITY,CBE,TN	82.1	307.5	177.5	485	265	750	3	8

CATEGORY:93 KG										
LOT NO	PLAYER NAME	UNIVERSITY	Body Weight	BEST SQUAT	BEST B.PRESS	Sub Total	BEST DEADLIFT	Total	RANK	POINTS
25	YURENDER KUMAR	MAHARAJA GANGA SINGH UNIVERSITY,BIKANER	92.25	317.5	192.5	510	300	810	1	12
27	SUNIL DESHWAL	SUNRISE UNIVERSITY ALWAR,RAJASTHAN	86.3	315	207.5	522.5	270	792.5	2	9
4	TARIK	CH.CHARAN SINGH UNIVERSITY,MEERUT	92.8	292.5	190	482.5	295	777.5	3	8

CATEGORY:105 KG										
LOT NO	PLAYER NAME	UNIVERSITY	Body Weight	BEST SQUAT	BEST B.PRESS	Sub Total	BEST DEADLIFT	Total	RANK	POINTS
11	PATIL RUTURAJ PRAKASH	SHIVAJI UNIVERSITY,KOLHAPUR	103.45	360	212.5	572.5	305	877.5	1	12
16	PARDUMAN	LAMRIN TECH SKILLS UNIVERSITY PUNJAB	98.6	350	210	560	290	850	2	9
10	MUHAMMED RAFIR	MAHATMA GANDHI UNIVERSITY,KOTTAYAM	101.45	310	225	535	292.5	827.5	3	8

CATEGORY:120 KG										
LOT NO	PLAYER NAME	UNIVERSITY	Body Weight	BEST SQUAT	BEST B.PRESS	Sub Total	BEST DEADLIFT	Total	RANK	POINTS
3	GOURAV SHARMA	LAMRIN TECH SKILLS UNIVERSITY PUNJAB	116.65	375	190	565	315	880	1	12
12	SHYAAM SUNDAR R S	ANNA UNIVERSITY,CHENNAI	119.35	340	225	565	305	870	2	9
15	VISHAL YADEV	MAHARSHI DAYANAND UNIVERSITY ROHTAK	112.8	340	205	545	295	840	3	8

CATEGORY:120 +KG										
LOT NO	PLAYER NAME	UNIVERSITY	Body Weight	BEST SQUAT	BEST B.PRESS	Sub Total	BEST DEADLIFT	Total	RANK	POINTS
11	VIGNESH MAHESHBABU	JEPPIAAR UNIVERSITY,OMR,CHENNAI	153.25	392.5	225	617.5	255	872.5	1	12
8	MANEESH KUMAR	LUCKNOW UNIVERSITY LUCKNOW	136.4	340	232.5	572.5	285	857.5	2	9
24	MOHAMED FAZILF	UNIVERSITY OF MADRAS	126.1	350	205	555	260	815	3	8

MEN TEAM CHAMPIONSHIP

UNIVERSITY	59KG	66KG	74KG	83KG	93KG	105KG	120KG	120+KG	TOTAL	RANK
MAHARSHI DAYANAND UNIVERSITY ROHTAK				6	4		8	6	31	1
LAMRIN TECH SKILLS UNIVERSITY PUNJAB			6	2		9	12		29	2
BHARATHIAR UNIVERSITY,CBE,TN	9	2	1	1	8		7		27	3

AKSHAYKUMAR PRAJAPATI UNIVERSITY OF MUMBAI the silver winner in the 74kg category for men was halted due to a complaint received from NADA (National Anti-Doping Agency).

राष्ट्रीय डोप रोधी एजेंसी
NATIONAL ANTI DOPING AGENCY
अनुपूरक रिपोर्ट फॉर्म • SUPPLEMENTARY REPORT FORM

परीक्षा क्र. / TEST NUMBER
 5RF - 01 -

परीक्षण क्र. / TESTING ORDER CODE
 276534PL64

1. द्वारा एकत्रित • COMPLETED BY

डोपिंग नियंत्रण अधिकारी एथलीट एथलीट प्रतिनिधि अन्य (अन्य को)

2. रिपोर्ट का उद्देश्य • PURPOSE OF REPORT

अनुपूरक रिपोर्ट एथलीट की शिकायत (डोपिंग नियंत्रण फॉर्म) टिप्पणी (डोपिंग नियंत्रण फॉर्म) सूचना / सूचना रिपोर्ट

अनुपूरक रिपोर्ट अन्य (अन्य को) **DETAILS OF ABSENT PLAYER AND REGARDING OF ALL TOURNAMENT UNIVERSITY POWERLIFTERS CH-2 74KG MEN 2nd PLACE**

3. अनुपूरक रिपोर्ट • SUPPLEMENTARY REPORT

Sir,
 74kg Men's category silver winner AKSHAY Kumar Prajapati son of Indrajit Singh Chawla a student of M.N.M.G. College Marolade who stood in 4th position in 74 kg's category at All India inter University Power Lifting Championship. due to continuous failures of lifts by the lifter and second place he gone up to 2nd place in total ranking by his time he left venue mid after the 1st lift result was announced and when we went in search for him we come to know that he announced through the vice but then also he didn't come (team members has come team manager contacted he didn't pick up the phone after that we tried to contact the coach but failed then we come to know that coach and the athlete was out of the game. we called the NADA Office all matter discussed and alongwith supporting attached are as under.

(i) Akshay Kumar Prajapati Aadhar copy alongwith college selection list copy

(ii) Result sheet copy etc.

K. K. RAJESH KUMAR, Ph.D.
 Sports Secretary

4. प्रक्रिया का अनुपालन • CONFIRMATION OF PROCEDURE

नाम: RAJESH KUMAR
 पता: RAJESH KUMAR
 पद: RAJESH KUMAR

मूल-सफेद-कॉपी-1-विभागी-नृत्यी
 ORIGINAL-NADA-WHITE COPY-1-ATHLETE-PINK

कॉपी-2-प्रयोगशाला-पीले
 COPY-2-LABORATORY-YELLOW

संस्करण 5.10.2020 सं.ना./सं.ना.
 VERSION 5.10.2020 WADA-INDIA

AFTER THE SUCCESSFUL COMPLETION OF THE EVENT, LUNCH WAS OFFERED TO THE GUESTS, OFFICIALS, MEDICAL TEAM, STAFF, AND VOLUNTEERS.





The equipment and Furniture was evacuated from the venue after the conclusion of the event.



REPORT

The All India Inter University Powerlifting Championship 2023-2024 was inaugurated by the Chief Guest, Hon'ble Mr. Raja, MLA and President of the Tamil Nadu Powerlifting Association, along with Prof. M. Sundar, Vice Chancellor of Tamil Nadu Physical Education and Sports University. The event saw participation from 124 universities, with 509 male and 378 female athletes competing. In the women's category, Anjali P R from Mahatma Gandhi University, Kottayam, secured the first position in the 76 kg category, followed by K. Anushiya from Pondicherry University and Neha Mishra from Lamrin Tech Skills University, Punjab. In the 69 kg category, Madhu from Lamrin Tech Skills University, Punjab, took the top spot, with Jasvinder Kaur from Veer Bahadur Singh Purvanchal University, Jaunpur (U.P), and Kajal from Maharshi Dayanand University, Rohtak, coming second and third, respectively. The 63 kg category was led by Nandana K V from Kannur University, followed by Komal from Lamrin Tech Skills University, Punjab, and Priya Kalyane from Barkatullah University, Bhopal (M.P). Mubeen from Chandigarh University, Mohali, won the 57 kg category, with Shaik Sadiya Almas from Koneru Lakshmaiah Education Foundation and Patil Shubhangi Shivaji from Swami Ramanand Teerth Marathwada University, Nanded (M.S), as runners-up. In the 52 kg category, Mohanapriya V from Bharathiar University, Coimbatore, Tamil Nadu, came first, followed by Pratheeksha Sajikumar from University of Calicut and Seema Kuntal from Lamrin Tech Skills University, Punjab. Aneesha from University of Calicut topped the 47 kg category, with Gita from Lamrin Tech Skills University, Punjab, and Sonawane Ashwini Arvind from K.B.C. North Maharashtra University, Jalgaon, finishing second and third. Overall, Lamrin Tech Skills University, Punjab, emerged as the women's champions, with Bharathiar University, Coimbatore, Tamil Nadu, as runners-up, followed by Kannur University and Mahatma Gandhi University, Kottayam.

In the men's category, Bharath R from Anna University, Chennai, led the 83 kg category, followed by M. Jayamaruthy from VIT, Vellore, and Arun Bharathi S from Bharathiar University, Coimbatore, Tamil Nadu. Yurender Kumar from Maharaja Ganga Singh University, Bikaner, won the 93 kg category, with Sunil Deshwal from Sunrise University, Alwar, Rajasthan, and Tarik from Ch. Charan Singh University, Meerut, in second and third place. Patil Raturaj Prakash from Shivaji University, Kolhapur, topped the 105 kg category, followed by Parduman from Lamrin Tech Skills University, Punjab, and Muhammed Rafi R from Mahatma Gandhi University, Kottayam. In the 120 kg category, Gourav Sharma from Lamrin Tech Skills University, Punjab, took the first position, with Shyaam Sundar R S from Anna University, Chennai, and Vishal Yadev from Maharshi Dayanand University, Rohtak, as runners-up. The 120+ kg category saw Vignesh Maheshbabu from Jeppiaar University, OMR, Chennai, as the winner, followed by Maneesh Kumar from Lucknow University, Lucknow, and Mohamed Fazilf from University of Madras. Overall, Maharshi Dayanand University, Rohtak, was declared the men's champions, with Lamrin Tech Skills University, Punjab, as runners-up, followed by Bharathiar University, Coimbatore, Tamil Nadu, and University of Calicut. The valedictory ceremony was presided over by Prof. M. Sundar, Vice Chancellor of Tamil Nadu Physical Education and Sports University, who distributed the prizes and congratulated the winners on their outstanding performances, marking the championship as a resounding success.

CONCLUSION

The All India Inter University Powerlifting Championship concluded on a high note, showcasing exceptional talent and sportsmanship among the participants. With 124 universities represented and a total of 887 athletes (509 men and 378 women) competing, the event highlighted the growing interest and dedication towards powerlifting in India. The outstanding performances by the winners in various weight categories demonstrated the high level of preparation and commitment of the athletes. Lamrin Tech Skills University, Punjab, emerged as the overall women's champions, while Maharshi Dayanand University, Rohtak, claimed the men's title. The championship not only provided a platform for athletes to display their strength and skills but also fostered a spirit of unity and healthy competition among universities. The successful organization and execution of the event, with the support of the Tamil Nadu Powerlifting Association and the Tamil Nadu Physical Education and Sports University, were commendable. The championship has set a high standard for future events and has undoubtedly inspired many young athletes to pursue excellence in powerlifting.

Organizing Secretary

DR. K. RAJESH KUMAR

Sports Secretary

Thank you